

The Recovery Process

The recovery process of the programme encourages a life long commitment to personal development and tino rangatiratanga.

Te Whare Oranga Ngakau programme offers a kaupapa Maori Therapeutic Community.

Our Kaupapa:

- focuses on the Biopsychosocial, psychological and behavioral dimensions that precede and arise from substance abuse.
- provides a safe, supportive environment for whaiora to experience and respond to emotions and gain understanding of issues relating to their drug and alcohol use.
- Provides therapeutic involvements between residents (tuakana and teina) and team members, combined with the experience of living in a caring and challenging kaupapa whanau community as the principal mediums to support change and personal development.

Te Whare Oranga Ngakau is multidimensional and involves wairua, healing, therapy, education, values and life skills development.



www.tumt.org.nz

Contact Details

OFFICE HOURS

Monday to Friday 9:00am - 5:00pm

TELEPHONE

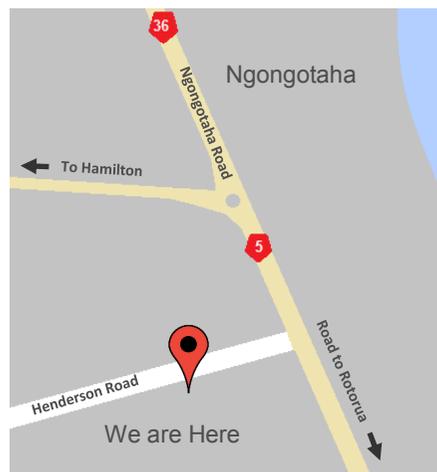
07 348 3586

EMAIL

admin@tumt.org.nz

POSTAL ADDRESS

Te Utuhina Manaakitanga
Te Whare Oranga Ngakau
PO Box 1802
Rotorua, 3040



We are located a short drive north of Rotorua city centre.

11 Henderson Road
Ngongotaha



www.tumt.org.nz



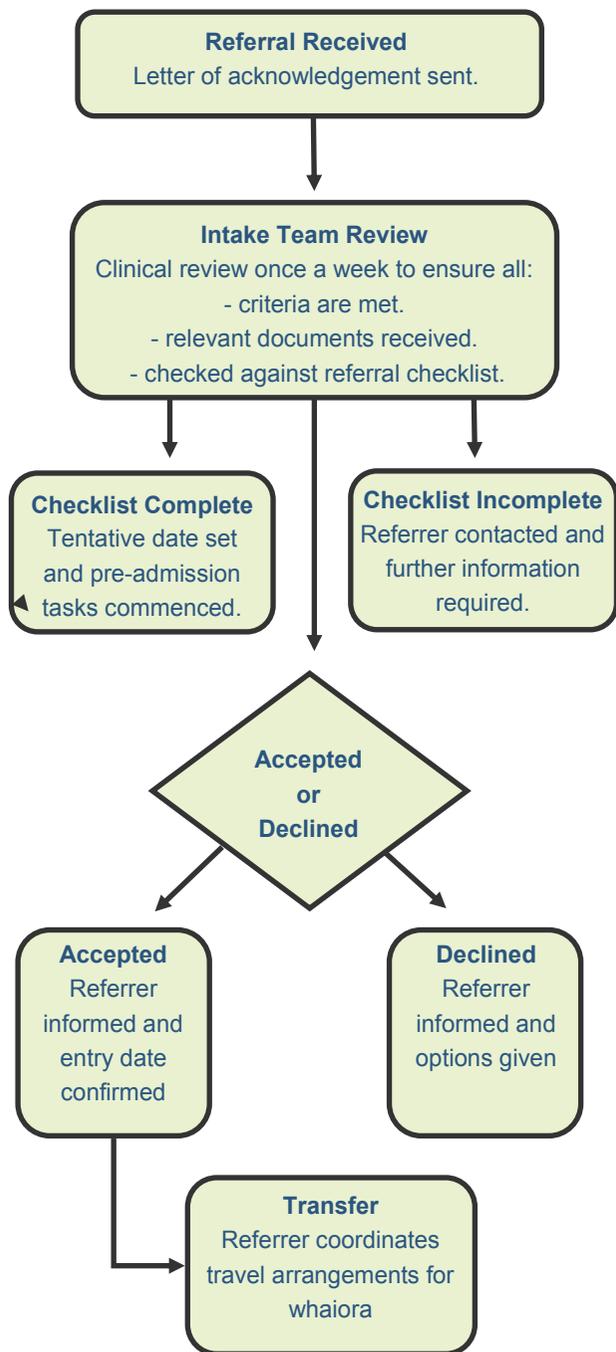
TE UTUHINA MANAAKITANGA



Te Whare Oranga Ngakau
Referral Information
Brochure

www.tumt.org.nz

Referral Process



Entry Criteria

Te Whare Oranga Ngakau is suited to individuals with longer histories of complex drug and alcohol misuse, related health, social and/or offending problems, who perhaps have greater care needs or skill deficits.

Te Whare Oranga Ngakau aims to successfully integrate with respective provider systems and whanau throughout the Midland DHB region.

The following list ensures the referral, intake and exit processes are effectively managed.

Individuals Must:

- be aged 18+ and living in the Midlands region,
- have a primary alcohol and / or drug problem,
- have a stable physical and mental health status,
- be motivated to complete an 12 week drug and alcohol programme,
- have an identified community AOD Key Worker, and
- be assessed as being suitable for a residential kaupapa Maori AOD programme.

(Please Note: persons whom require one to one support for personal care or persons with a history of arson or sexual offences are not eligible)



Referral Checklist

All referrals will need the following:

AOD Assessments:

- a comprehensive AOD assessment, which includes a cultural assessment,
- risk assessment and management plan, and
- a pre entry plan and a post discharge plan.

Medical Assessment:

- GP synopsis medical history,
- result of lab tests for HepB/C,
- known allergies to food or medication etc,
- full bloods including LFT's,
- co-morbidities, and
- medication list.

Required Documentation:

- copies of Birth Certificate and/or Drivers License,
- copy of Community services card,
- a completed MOH residential AOD eligibility form (on confirmation of an entry and exit date), and
- a completed Te Whare Oranga Ngakau referral checklist .

A Referrers Checklist is available from the Intake Coordinator and/or by downloading from the website.